

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Please list the Chronic Medical Problems you are being treated for

- |          |          |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

List all medications you are currently taking, including over the counter medications

- |          |          |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

List all Allergies to medications and reactions

- Penicillin                       Sulfa     IV Contrast/ Shellfish                       Other \_\_\_\_\_

List all Surgeries and Hospitalizations

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

Family History

	Diabetes	High Blood Pressure	Heart/Stroke	Asthma	Mental Health	Cancer
Father						
Mother						
Brother						
Sister						
Grandmother (paternal)						
Grandfather (paternal)						
Grandmother (maternal)						
Grandfather (maternal)						

Risk factors/Social History

Do you smoke?  Yes  No, If yes How many packs a day? \_\_\_\_\_ How many years? \_\_\_\_\_

Have you quit?  Yes  No If yes, when did you quit? \_\_\_\_\_

Do chew tabacco?  Yes  No If yes, how much/how often? \_\_\_\_\_

Do you smoke cigars/pipe?  Yes  No If yes, how often \_\_\_\_\_

Do you use drugs for recreational purposes?  Yes  No

If yes, check all that apply  Amphetamines  Cocaine  Marijuana  Other \_\_\_\_\_

Have you ever had a problem with prescription pain medications?  Yes  No

Do you drink alcohol?  Yes  No If yes , how many drinks? \_\_\_\_\_ How many a week? \_\_\_\_\_

Have you experienced blackouts due to alcohol?  Yes  No

Have you needed to drink to prevent shakes/sweating?  Yes  No

Have you ever felt you had a problem with drinking?  Yes  No

Do you drink Caffeine? If so how many a day/week? \_\_\_\_\_

Little interest or pleasure in doing things?  Yes  No

Feeling down depressed or hopeless?  Yes  No

Do you Exercise?  Yes  No

If yes, How many times a week? \_\_\_\_\_ What type if exercise? \_\_\_\_\_

Seatbelt use?  Yes  No (%)  100  75  50  25

Sun exposure:  Frequently  occasionally  rarely

Do you feel safe in your relationship?  Yes  No

Have you ever been in a relationship where you were threatened , hurt or afraid?  Yes  No

**Screening Exams**

Have you ever had

Colonoscopy  Yes  No Flex sigmoidoscopy  Yes  No Bone Density Scan  Yes  No

If yes, date of last test \_\_\_\_\_

**Females Only**

First day of last normal period? \_\_\_\_\_

Periods are  Regular  Irregular

Last Pap Smear \_\_\_\_\_

History of abnormal paps?  Yes  No

Last Mammogram \_\_\_\_\_

Any recent breast pain/lumps/nipple discharge?  Yes  No

Total # of pregnancies \_\_\_\_\_ Live births \_\_\_\_\_ Miscarriage/abortions \_\_\_\_\_ Ectopic \_\_\_\_\_

Are you breastfeeding ?  Yes  No

Are you sexually active?  Yes  No  Vasectomy  Withdrawal (pull out)  None  Other \_\_\_\_\_

If none, are you desiring a pregnancy at this time? \_\_\_\_\_

Current Birth control  Condoms  Pill  Nuva Ring  Nexplanon  IUD  Depo  Tubal

**Review of Systems- In the last 6 months have you experienced any of the following?**

**General**

- Fever  Yes  No
- Chills  Yes  No
- Sweats  Yes  No
- Anorexia  Yes  No
- Fatigue  Yes  No
- Weakness  Yes  No
- Discomfort  Yes  No
- Weight loss  Yes  No
- Sleep disorder  Yes  No

**Ear/Nose/Throat**

- Ringing in the ears  Yes  No
- Ear discharge  Yes  No
- Earache  Yes  No
- Decrease hearing  Yes  No
- Nasal congestion  Yes  No
- Nosebleeds  Yes  No
- Difficulty swallowing  Yes  No
- Hoarseness  Yes  No
- Sore throat  Yes  No

**Cardiovascular**

- Chest pain or discomfort  Yes  No
- Palpitations  Yes  No
- Fainting/near fainting  Yes  No
- Swelling of feet or hands  Yes  No
- Difficulty breathing at night  Yes  No
- Lightheadedness  Yes  No
- Weight gain  Yes  No
- Bluish discoloration  
of lips or nails  Yes  No
- Leg cramps with exertion  Yes  No
- Short of breath with exertion  Yes  No
- Difficulty breathing while  
laying down  Yes  No
- Racing/ skipping heart beats  Yes  No

**Heme/lympahtic**

- Enlarged lymph nodes  Yes  No
- Bleeding  Yes  No
- Skin discoloration  Yes  No
- Adnormal brusing  Yes  No

**Eyes**

- Vision loss - 1 eye  Yes  No
- Double vision  Yes  No
- Eye irritation  Yes  No
- Vison loss -both eyes  Yes  No
- Blurring  Yes  No
- Eye pain  Yes  No
- Halos  Yes  No
- Discharge  Yes  No
- Light sensitivity  Yes  No

**Respiratory**

- Cough  Yes  No
- Short of breath  Yes  No
- Coughing up blood  Yes  No
- Chest discomfort  Yes  No
- Wheezing  Yes  No
- Excessive sputum  Yes  No
- Excessive snoring  Yes  No
- Sleep disturbance  
due to breathing  Yes  No

**Gastrointestinal**

- Excessive appetite  Yes  No
- Loss of appetite  Yes  No
- Indigestion  Yes  No
- Vomiting blood  Yes  No
- Nausea  Yes  No
- Vomiting  Yes  No
- Yellowish skin color  Yes  No
- Gas  Yes  No
- Abdominal pain  Yes  No
- Abdominal bloating  Yes  No
- Hemorrhoids  Yes  No
- Diarrhea  Yes  No
- Change in bowel habits  Yes  No
- Constipation  Yes  No
- Dark tarry stools  Yes  No

Fevers  Yes  No

**Genitourinary**

Burning with urination  Yes  No  
 Blood in urine  Yes  No  
 Discharge  Yes  No  
 Decrease libido  Yes  No  
 Erectile dysfunction  Yes  No  
 Incontinence  Yes  No  
 Urinary frequency  Yes  No  
 Urinary hesitancy  Yes  No  
 Genital sores  Yes  No  
 Frequent urination during the night  Yes  No

**Dermatology**

Rash  Yes  No  
 Flushing  Yes  No  
 Change in color of skin  Yes  No  
 Itching  Yes  No  
 Skin cancer  Yes  No  
 Poor wound healing  Yes  No  
 Dryness  Yes  No  
 Changes in nail beds  Yes  No  
 Suspicious lesions  Yes  No  
 Night sweats  Yes  No  
 Excessive perspiration  Yes  No  
 Unusual hair distribution  Yes  No

**Neurology**

Headaches  Yes  No  
 Inability to speak  Yes  No  
 Seizures  Yes  No  
 Weakness  Yes  No  
 Tremors  Yes  No  
 Memory loss  Yes  No  
 Brief paralysis  Yes  No  
 Falling down  Yes  No  
 Tingling sensation  Yes  No  
 Poor balance  Yes  No  
 Difficulty with concentration  Yes  No  
 Excessive daytime sleepiness  Yes  No

**Musculoskeletal**

Muscle cramps  Yes  No  
 Joint pain  Yes  No  
 Joint swelling  Yes  No  
 Presence of joint fluid  Yes  No  
 Back pain  Yes  No  
 Stiffness  Yes  No  
 Muscle weakness  Yes  No  
 Arthritis  Yes  No  
 Gout  Yes  No  
 Loss of strength  Yes  No  
 Muscle aches  Yes  No

**Psychiatric**

Sense of great danger  Yes  No  
 Anxiety  Yes  No  
 Thoughts of suicide  Yes  No  
 Mental problems  Yes  No  
 Depression  Yes  No  
 Thoughts of violence  Yes  No  
 Frightening visions or sounds  Yes  No  
 Hallucinations  Yes  No  
 Excessive anger  Yes  No  
 Insomnia  Yes  No  
 Panic attacks  Yes  No  
 Binge eating or induced vomiting  Yes  No  
 Difficulty with concentration  Yes  No  
 Crying easily  Yes  No  
 History of difficulty in school  Yes  No

**Endocrine**

Excessive hunger  Yes  No  
 Cold intolerance  Yes  No  
 Heat intolerance  Yes  No  
 Excessive urination  Yes  No  
 Excessive thirst  Yes  No  
 Weight change  Yes  No

**Allergy**

Persistent infections  Yes  No  
 Hives or rash  Yes  No  
 Seasonal allergies  Yes  No  
 Food intolerance  Yes  No